

Abstract

A calculating tabulating system which enables a person on a sodium restricted diet to better regulate the ingestion of sodium for prevention of medical complications. The system includes conversion of the weight of dietary sodium from a standard system of weights and measures to a simple numerical scale, conversion of the weight of dietary sodium consumed to the simple numerical scale, maintaining a running total of dietary sodium consumed in the simple numerical scale. The system includes various devices to aid in the conversion and tabulation process including various mechanical device and electronic devices.

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